

YEAR 4 SPRING SWIMMING 2026

Dear Parents/Carers,

We would like to inform you about our PE topic-Swimming that will be happening in the upcoming Spring Term. As a year group, we will be starting our swimming lessons at the Mountbatten Centre as of Monday 12th January 2026. As this is a normal PE lesson for the children but just at a different venue, we advise that parents don't come and spectate as this causes distractions to the children's learning. These are the dates on which **ALL** children from Year 4 will be swimming:

Monday 12 th Jan 2026	Monday 19 th Jan 2026	Monday 26 th Jan 2026	Monday 2 nd Feb 2026	Monday 9 th Feb 2026	Monday 16 th Feb 2026 NO SWIMMING HALF TERM
Monday 23 rd Feb 2026	Monday 2 nd Mar 2026	Monday 9 th Mar 2026	Monday 16 th Mar 2026	Monday 23 rd Mar 2026	

ALL children will need to make sure that every Monday they bring in the following items:

- A swimming costume (one piece, for girls) and trunks for boys
- A towel
- A swim hat, if possible, to avoid wet hair on cold afternoons - long hair must be tied back

Please make sure that all your child's clothing (including the towel) is clearly marked with their name so that any mislaid items can be quickly returned to their owners.

We ask that no child uses talcum powder or aerosol sprays as this can affect pupils with asthma.

If your child has a verruca, then the wearing of a plastic sock or using 'Bazuka' protection cream is necessary to avoid them spreading. We ask that **NO JEWELLERY** is taken into the pool area. Leave earrings and watches at home for the day.

Please note that swimming is an essential part of the Key Stage 2 curriculum and **ALL** children are expected to take part. Should your child be unable to take part one week due to illness then we ask that you send a written note with them on the day in question.

Kind regards,

Year 4 Team



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